

MANY ROOMS AT LANSDOWNE RESORT AND SPA offer golf course and Potomac River views. Known as "the nation's river" during the Civil War, it not only divided the Union from the Confederacy, but also gave name to the Union's largest army, the Army of the Potomac.



Best

Southern Resort

Lansdowne Resort and Spa is located in the majestic shadows of our nation's capital.

LEESBURG, VIRGINIA: An average golfer will burn between 1,500 and 2,400 calories while playing 18 holes and carrying their clubs. Riding in a cart reduces the calorie burn to about 800. Add another 80 calories expended during your 20-minute warm-up on the practice range. To put that into perspective, you must burn about 3,500 calories to lose a pound!



Lansdowne Resort and Spa is known for its challenging Greg Norman and Robert Trent Jones Jr. championship designed courses. The hotel was again recognized in Condé Nast Traveler Readers' Choice Awards, with hundreds of thousands of ballots cast, as "Best Southern Resort."

This spring, Lansdowne will promote wellness and encourage walking on the Norman course.



"HAPPINESS is a long walk with a putter."

– GREG NORMAN

"Although unplanned, I think it's noteworthy that a four-hole stretch [Nos. 6-9] on my course at Lansdowne measures exactly one mile, allowing you to burn about 100 calories," smiled Greg Norman. "I like to refer to them as the 'hardest mile in golf.' The terrain provided me perfect rolling hills, gentle slopes, and beautiful tree vegetation to work with. With several holes so close to the river, special attention was paid to proper drainage. It will challenge you. My advice: play the shot you've got the best chance of playing well."

"WE ARE THE ONLY RESORT IN THE COUNTRY to feature two of the biggest names in golf course design: Greg Norman and Robert Trent Jones Jr."

– JOEL PAIGE, MANAGING DIRECTOR

Greg Norman earned the nickname "Great White Shark" in reference to his blond hair, size, and aggressive golf style. Consider adding an afternoon round on Lansdowne Resort and Spa's short course named Sharkbite. "The nine-hole layout complements my regulation length design," concluded Norman. "It provides a softer, playable feel and is perfect for all skill levels and group team building outings." ■

Traveling to Lansdowne Resort and Spa: Both Dulles [12 miles] and Reagan [34 miles] airports are within a convenient drive. The resort is surrounded by 40 wineries and history buffs will revel in notable landmarks in every direction. For more information on seasonal golf packages, please visit LansdowneResort.com.